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# NEWSLETTER

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## ESTES SnapSBO first publication

Kaplan LJ, Martinez-Casas I, Mohseni S, Cimino M, Kurihara H, Lee MJ, Bass GA. Small bowel obstruction outcomes according to compliance with the World Society of Emergency Surgery Bologna guidelines. Br J Surg. 2025; 112(4): znaf080.

## European White Book on Polytrauma Management

(Page 2)

## New Snapshot studies

SnapPelvis and SnapNSTI info (pages 3 and 4)

## Report of the Congress Grant winner

(Pages 5-6)

## Incoming courses and events

Find info of incoming courses and endorsed events in the field of Trauma and Emergency Surgery inside.



## 24<sup>th</sup> ECTES, Aachen

The 24th European Congress of Trauma and Emergency Surgery took place in Eurogress Aachen (Germany) last April 13 to 15. Under the direction of Congress President Dr. Frank Hildebrand and ESTES president Christine Gaarder, 1,315 registered participants from more than 15 countries could share knowledge in the field of trauma and emergency surgery through 715 submitted abstracts, 35 main sessions, 11 guest symposiums, 6 industry symposiums, 9 special sessions and 8 free communication sessions and 7 parallel poster sessions with 484 presentations.

MUSEC, Polytrauma Course, Interdisciplinary Pelvic Trauma Course, ATLS and Emergency Surgery Course were successfully held in UniklinikRWTH. Universitätsklinikum Aachen as pre-congress courses under the organization of Dr. Klemens Horst.





## European White Book on Polytrauma Management – Setting Standards for Trauma Care Across Europe

The implementation and maturation of inclusive trauma systems covering the entire treatment chain from prehospital care to rehabilitation result in a higher quality of care, improved survival rates and better functional outcomes after severe trauma.

Editors:



Professor Ingo Marzi  
(Germany)



Professor Christine Gaarder  
(Norway)



Professor Roman Pfeifer  
(Switzerland)



Professor Frank Hildebrand  
(Germany)

Besides well-coordinated treatment strategies as well as specific personnel and structural requirements, a functioning trauma system also must provide research, quality improvement, education and prevention programs to ensure a constant development of trauma care. The degree of implementation and the quality of trauma systems have been found to vary substantially between European countries.

Unfortunately, in a significant number of European health care systems, structures for coordinated trauma care are still lacking partly or entirely. Due to the representation of experts from thirty-three national societies from 27 countries with different European trauma systems, the European Society of Trauma and Emergency Surgery (ESTES) is predestined to provide key elements in terms of the aforementioned aspects of trauma care in Europe. Therefore, the aim of this collection is to provide a reliable description on how to organize and optimize trauma systems from the prehospital setting to rehabilitation under consideration of necessary key elements for their further development, such as prevention, education, research and quality improvement. Twelve chapters setting standards for trauma care across Europe

<https://link.springer.com/collections/ijdgabbhei>





## Emergency Surgery Course

After successful ESC courses in Laussane (Switzerland), Aachen (Germany) and Viseu (Portugal), new course editions are planned in Sevilla (Spain) October 17-18<sup>th</sup> and Craiova (Romania) November 10-11<sup>th</sup>.

The ESC® (joint collaboration between ESTES and AAST) aims to aid surgeons in non-trauma emergency surgery by providing the know-how and the decision-making skills necessary for daily practice. The course consists of theoretical sessions, case scenarios plus state-of-the-art videos and is especially designed in an interactive format to present and actively discuss management of the general surgery emergencies encountered when on call. The 2 day course reviews the current literature on management of these emergencies and with interactive case discussions provides tips and tricks to improve surgical skills.

## Emergency Surgery Section

The Emergency Surgery Section is about to launch a new Snapshot study, the Snap NSTI: International Prospective Observational Cohort Study of Necrotizing Soft Tissue Infections. A non-randomized time-bound study addressing epidemiology and management of NSTI. More information coming soon about this and other snapshot studies.



## MUSEC

### Course in Athens (Greece)



MUSEC continues its activities. After the 4 modules pre-congress course in Aachen and 3 modules in Manresa (Spain) re, new courses are planned next June in Athens (Greece).

## Enteric Fistula and Open Abdomen International Symposium

Copenhagen is becoming the capital for catastrophic abdomen hosting the EFOA 2025. Former ESTES president Tina Gaarder will be among many experts in the field and ESTES members like Michael Sugrue, Marja Boermeester, Eva Barbosa, Fernando Ferreira, Matti Tolonen.

# EFOA 2025

Enteric Fistula and Open Abdomen  
International Symposium

28-29 August  
Copenhagen · Denmark

[www.efoa2025.org](http://www.efoa2025.org)



## Polytrauma Course

The course has been designed to combine the knowledge about rescue, initial treatment, surgical fixations and the further care of multiply injured patients. It covers a larger spectrum than ATLS, ETC or other courses. It is thought to bring together multiple disciplines, including visceral surgeons, neurosurgeons, orthopedic surgeons, and intensivists. The Polytrauma Course has been accredited according to ISO 9001: 2008/2015 standards.

<https://www.polytraumacourse.com/courses.html>

## Interdisciplinary Pelvic Trauma Course

First edition successfully held in Aachen, tailored for trauma surgeons, orthopedic trauma surgeons and clinicians of all trauma related specialties involved in the different stages of management of high energy pelvic trauma. Their seniority is ideally at the senior fellow, or junior consultant level upwards.

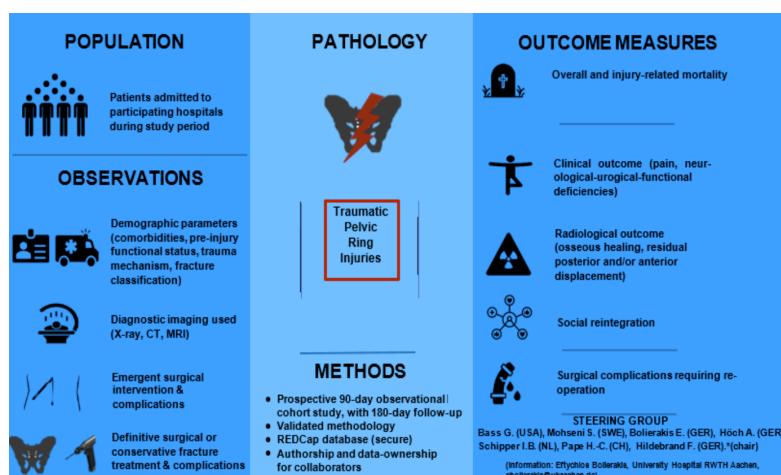
<https://www.estesonline.org/education/estes-interdisciplinary-pelvic-course/>

## Polytrauma Section

Both Polytrauma and Skeletal Trauma sections involved in the launching of the Snap Pelvis Study, issued from Aachen to all willing collaborator centers. As the IRB procedure is still ongoing in the majority of the participating study centers, the official study kick-off and recruitment will be postponed appropriately.

The study timeline will be finalised as soon as all the IRB vota and data sharing contracts are confirmed, as this is the basic requirement for the respective center clearance for the REDCap study platform.

Do not hesitate to contact Prof. Frank Hildebrand, Dr. Eftychios Bolierakis. from University Hospital RWTH in Aachen or any member of the SnapPelvis Study Steering Group.



<https://www.estesonline.org/promotion-of-multicenter-snappelvis-study/>





## Report of ECTES Congress Grant Winner Coen Verstappen

From April 13 to 15, 2025, I had the privilege to attend the 24th European Congress of Trauma and Emergency Surgery (ECTES) in Aachen, Germany, supported by a generous ESTES Travel Grant. Traveling to Aachen by train provided a convenient and comfortable start to what would be a highly inspiring and fruitful experience. Upon arrival, I was immediately impressed by the beauty of the city and the efficiency with which the congress was organized. The congress venue was modern, easy to navigate, and ideally suited for the broad variety of sessions and activities scheduled throughout the event. The first day of the congress was well structured, featuring a diverse range of presentations that attracted a large and engaged audience. Between sessions, the catering was excellent, offering an ideal environment for informal networking and discussion. In the evening, I attended the joint meeting organized by our national trauma society together with the Belgian trauma society. This gathering proved to be highly valuable, allowing me to establish numerous new contacts with colleagues from both countries. (Continues...

## Skeletal Trauma and Sport Medicine Section


After the Special Issue EJTES published 09/2024 entitled "Focus on Thoracolumbar Spine Injuries", section members have been part of consensus group: European Polytrauma Guidelines, have been part of the EFORT congress in Hamburg 06/24 and at "Swiss Pelvic and Acetabular Course" 01/25, will participate in EFORT Annual Congress in Lyon 6/25. Among its ongoing projects: 1. Special Issue EJTES of Proximal humerus fracture and Distal Radius Recommendations.

### *Austrian Trauma days*


## Austrian Trauma Days 2025

### ÖGU Herbstkongress

Vorprogramm




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Österreichische  
Gesellschaft für  
Unfallchirurgie

01. – 03. Oktober 2025

Salzburg



Es wird angestrebt, die  
Jahresversammlung nach den Kriterien  
des Österreichischen Umweltzeichens für  
Green Meetings/Green Events auszurichten.

www.unfallchirurgen.at

[https://www.estesonline.org/wp-content/  
uploads/2025/01/OGU-  
Vorprogramm\\_Web.pdf](https://www.estesonline.org/wp-content/uploads/2025/01/OGU-Vorprogramm_Web.pdf)

Notably, several of these connections have already led to promising leads for a randomized controlled trial currently being developed within our department.

The second day started early with another series of highly interesting lectures. A highlight for me personally was the YESTES (Young ESTES) meeting. This session was particularly relevant to my current career stage, offering practical advice and valuable insights on research, career development, and international collaboration. That evening, the congress social event provided another great opportunity to meet trauma surgeons from across Europe in a more informal setting. Again, I was able to expand my network significantly. Given that I had to present my poster the next morning, I ensured an early night to be fully prepared. My poster presentations on the final day were facilitated through an innovative e-poster system. This setup, with headphones for audience members, allowed for clear communication despite the busy atmosphere, and made the session very accessible and effective. Presenting my work and receiving feedback from international colleagues was both encouraging and inspiring for future research projects.

Resident in Surgery at VieCuri Medical Center (Venlo, The Netherlands).

## Disaster and Military Section



**International postgraduate course in Medical Response to Major Incidents (MRMI)**

Curso básico: del 10 al 12 de septiembre, 2025  
Edificio Sa Riera, Palma

Logos: ESTES, HCIN, UIB, Universitat de les Illes Balears

### Coming MRMI courses

ESTES is preparing three new Medical Response to Major Incident courses in Europe. First will be in Portimao (Portugal) June 12 to 14<sup>th</sup>, and the second in Palma de Mallorca (Illes Balears, Spain) September 10 to 12<sup>th</sup>. <https://agenda.uib.es/131544/detail/international-postgraduate-course-in-medical-response-to-major-incidents-mrmi-basic-course-2025.html>.



**Medical Response to Major Incidents MRMI 33.ª edição**

12, 13 e 14 JUNHO '25  
PORTIMÃO ARENA

Vaga limitada!  
eventos@ehbvp.pt

International Faculty  
Itamar Ashkenazi

MRMI National Chairman  
Luis Vale

Course Director  
Richard Marques

Local Organization  
Bombeiros de Portimão  
Proteção Civil de Portimão

**Inscrição**  
350€ / Formando

The third will be in Stockholm (Sweden) an Instructor and Basic MRMI Course in September 22-24, 2025, at Karolinska University Hospital. The deadline for application: July 1st, 2025. Number of participants limited.

Basic Course: [sv.surveymonkey.com/r/Apply\\_MRMI\\_Swe\\_2025](https://sv.surveymonkey.com/r/Apply_MRMI_Swe_2025).

Instructor Course: [sv.surveymonkey.com/r/Apply\\_Instr\\_MRMI\\_Swe\\_2025](https://sv.surveymonkey.com/r/Apply_Instr_MRMI_Swe_2025)

Course Director Basic Course: Carl Tosterud  
(carl.tosterud@regionstockholm.se)

Course Director Instructor Course: Carl Montán  
(carl.montan@regionstockholm.se)

Course Coordinator: Stina Hermansson  
(stina.hermansson@regionstockholm.se)



## Trauma Traveling Fellowship Project

The VTS is designing a Trauma Traveling Fellowship. Visiting a centre of excellence in trauma care may improve surgeon's care of injured patients and motivate them to pursue a career as a trauma surgeon. However, funding and opportunities are limited for surgeons to visit centres of excellence in trauma care. A Trauma Traveling Fellowship would increase exposure to world-class trauma care and provide the opportunity and funding to allow surgeons to benefit. As a first step the VTS, with support from the Research and YESTES Sections has designed a survey for all ESTES members that aims to assess the aspirations, expectations, and perceived challenges of prospective fellows and host centers for an ESTES Trauma Traveling Fellowship, guided by CFIR and RE-AIM/PRISM constructs.

Your 5 mins. input will be invaluable in shaping the design and implementation of the fellowship.

👉 Survey Link: <https://www.surveymonkey.com/r/W6GY63D>.

## Visceral Trauma Section

### *Updated List of Current ESTES VTS Committee Members (2025-2026):*

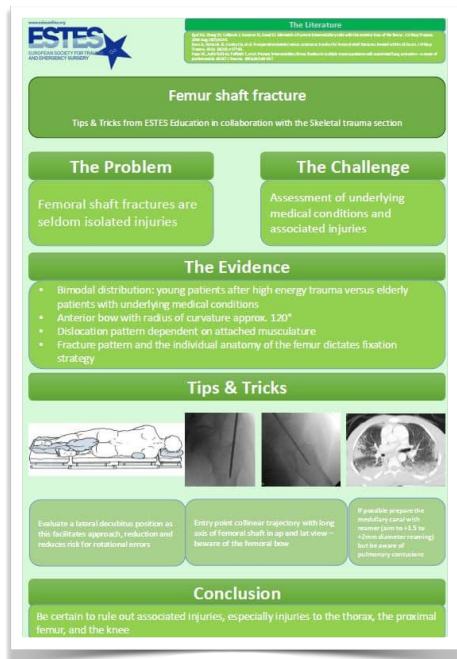
- Susan Brundage, Chair / 2024-2027 UK/USA (second term)
- Heura Llaquet, Vice-Chair / 2023-2026 Spain (first term)
- Francesca Margherita Bunino, 2024-2027 Italy \*Young ESTES (YESTES) Committee Representative (first term)
- Stefania Cimbanassi, 2023-2026 Italy (first term)
- Shailvi Gupta, 2024-2027 Spain (first term)
- \*NEW: Stefan Leichtle, 2025-2028 USA/Germany (first term)
- Patricia Marrero Marrero, 2024-2027 Spain (first term)
- Gabriel Orsi, 2024-2027 Ireland (first term)
- \*NEW: Erlend Stronen, 2025-2028 Norway (first term)
- \*NEW: Mark van Baal, 2025-2028 The Netherlands (first term)
- Jared Wohlgemut, 2023-2026 UK \*Research Committee Representative (first term).

The (new) Education Committee Representative will be nominated and confirmed during upcoming VTS Meeting.

We would like to thank the outgoing committee members for their hardwork and dedication, and especially the outgoing chair, Dr. Shahin Mohseni. Thank you Shahin Mohseni, Ruben Peralta, Ana María Gonzalez and Stefano Cioffi.

### *Visceral Trauma Section Meetings:*

The VTS meetings will be held online on the last Wednesday of each month. While some meetings will be reserved for committee members only, others will be open to all members of the Visceral Trauma Section. Invitations to these open meetings will be sent via email.



## ESTES GO

An initiative by the ESTES Education Committee in collaboration with the ESTES Sections. ESTES GO offers concise, expertly crafted one-page guides designed to provide practical tips and tricks for enhancing daily clinical work. These resources, created by leading professionals, aim to support continuous learning and improve patient care. Explore our regularly updated collection here on the ESTES homepage.

<https://www.estesonline.org/education/estes-go/>

## Young ESTES

Young ESTES was founded in 2023 as an initiative of young members of ESTES to represent the younger colleagues within the society. Our main goal is to address specifically the needs and interests of doctors during their first years of practice and allow them to exchange their experiences in the European context and learn from other colleagues in other countries. Our aim is to motivate younger doctors to participate actively in the society and the planning and execution of sessions during our annual congress. We deeply believe in promoting Mentorship, Sponsorship and Gender Equality. Every member of ESTES under 40 years of age is welcome to take part in our section (see QR-code below), every member who is young by heart is very welcome to join our sessions at the congress.

Date of meetings: No general meeting set. We communicate mainly via Whatsapp (see QR-code) and organize meetings according to projects.

### Activities:

Organizing Sessions at the ECTES, Solo and combined sessions with other sections.

Meet the mentors (Mentoring program).

DIY Session (Done by our members according to the preferences of our whole section).

**Young-ESTES Community**  
Gruppo WhatsApp





## SAVE THE DATE

### 26-28 APRIL 2026

Welcome! In 2026, Stockholm, a city symbolizing unity, innovation, and progress, will host the 25th anniversary of the European Congress of Trauma and Emergency Surgery (ECTES). This milestone event will be held in conjunction with the 8th World Trauma Congress (WTC). The congress theme, "TEAM - Together Each Achieves More," underscores the critical role of collaboration in trauma and emergency surgery care. The TEAM encompasses not only the prehospital, emergency department, operating room, and ICU stages but also emphasizes joint efforts in research, quality improvement, and education. The programme will include pre-congress courses, lunch symposia, and interactive sessions aimed at promoting interdisciplinary dialogue and professional development. Internationally acclaimed experts will present keynote lectures, while a wide range of abstract presentations will showcase cutting edge research advancements. In addition to the scientific agenda, the congress venue and social events will offer ample opportunities to forge new connections, deepen existing collaborations, and cultivate lasting friendships.

We look forward to welcoming you to Stockholm in 2026!

**Congress president:** Shahin Mohseni

**Chair local organising committee:** Carl Montan

**Local organising committee:**

Folke Hammarqvist

Per Lofas


Karolina Harle

Anders Enocson

Malin Jonsson

# EUROPEAN CONGRESS OF TRAUMA AND EMERGENCY SURGERY

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## BECOME A MEMBER!

www.estesonline.org

**ESTES**  
EUROPEAN SOCIETY FOR TRAUMA  
AND EMERGENCY SURGERY

### ESTES Membership INDIVIDUAL MEMBERSHIP

#### Who can be an individual member?

The society is open for all doctors within specialties involved in trauma and emergency surgery (all surgical fields, anaesthesiology, radiology and emergency, military and disaster medicine). Of course also doctors in training are very welcome as members. Moreover, the society is open for non-physicians such as nurses, paramedics, ambulance and pre-hospital staff.

#### What does it cost to be an individual member, and what do I get for it?

The annual membership fee is € 120,- for specialists and € 85,- for doctors under training and for non-doctors.

#### Membership benefits are:

- A significantly reduced registration fee to the annual congress of the society
- Registration for endorsed courses and meetings at a reduced fee
- Free annual online subscription to the official forum of the society, the "European Journal of Trauma and Emergency surgery". The journal comprises 6 issues per year including regular information from the society. For the printed version, a special price of € 30,- per year can be offered.
- Possibility to become a member of the specialist sections of the society: Visceral trauma; Skeletal trauma and sports medicine; Emergency surgery; Disaster and military surgery
- A diploma confirming your individual membership

In addition to the above mentioned benefits, you become an active supporter of the promotion and development of Trauma and Emergency surgery in Europe. Don't miss the chance to influence this development with your vote.

#### How do I become an individual member?

##### Become a Member

Just fill in the membership form. Your application has then to be approved by the membership committee. Please allow a few weeks for that procedure. After approval you receive a welcome mail including payment instructions. After your payment has been received you are entitled to all the stated benefits.



### INSTITUTIONAL MEMBERSHIP

National societies or entities involved in trauma and emergency surgery can apply for institutional membership.

Your annual membership fee will be 6 € per member. This does not include a subscription to the journal, but negotiation with the publisher can give a significantly reduced subscription fee for your members. Furthermore, representatives of institutional members also have the right to vote at the General Assembly and do receive reduced congress registration upon provision of their institution's membership certificate.

Contact the ESTES Association Management (association@estesonline.org) today to receive detailed information about the application process.

We are looking forward to welcoming you as a member of ESTES!