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NEWSLETTER

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25th Congress 2026

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25th ECTES, Stockholm

The 25th anniversary of the European Congress of Trauma and Emergency Surgery (ECTES) will be celebrated in 2026 in Stockholm, a city that represents unity, innovation, and progress. The congress will be a joint venture with the 8th World Trauma Congress (WTC).

The congress motto "TEAM - Together Each Achieve More" highlights the importance of strong teamwork in the care of trauma and emergency surgery patients. The TEAM involves not only the prehospital, ED, OR, and ICU phases of care, but also includes working together and collaborating in research, quality improvement, and education.

Abstract submission now open until 27 October 2025!

Registration now open until 11 January 2026!

Preliminary program: September 2025

We are excited to welcome you to Stockholm in 2026!

Shahin Mohseni MD, PhD, FEBS (EmSurg), FACS

Congress President 2026

Carl Montan MD, PhD

Chairman Local Organizing Committee

Raul Coimbra MD, PhD, FACS

Executive Director, World Coalition for Trauma Care. President, 8th WTC









Overview

EJTES is an international Englishlanguage journal providing an interdisciplinary forum for the scientific exchange between research and hospital. Official publication of the European Society for Trauma and Emergency Surgery (ESTES), it offers coverage of surveys and original papers on diagnostics and therapy, includes related fields like critical care medicine, neurotraumatology, new materials, tissue engineering and more. It ensures your article can be easily discovered, accessed, understood, used, and shared and incorporates the International Journal of Disaster Medicine.



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Highlights from the EJTES

<u>Collections and special issues</u> may include original primary research Articles, Reviews, and other content types published by the journal. All manuscripts submitted to Springer and Discover Journal Collections or Special Issues are assessed according to the journal's standard editorial criteria and are subject to all of the standard <u>Editorial Policies</u>, including the <u>Competing Interests</u> policy. The content of the submission will also be assessed to ensure it lies within the scope of the Collection or Special Issue. All submissions that meet the journal's criteria for peer review will undergo the journal's standard peer review process. Please visit the journal's website for information on the review process used. Open now:

Polytrauma (Ed. Prof. Zsolt J. Balogh)

Level 3 guideline polytrauma/treatment of patients with severe/multiple injuries (Ed. Dan Bieler)

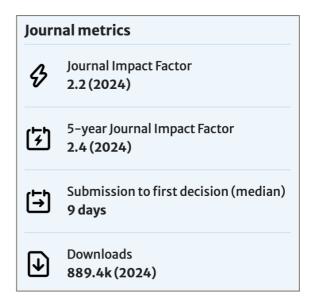
Proximal humeral fractures (Ed. Klaus Wendt)

Trauma registries (Ed. Prof. Rolf Lefering)

Resuscitative Endovascular Balloon Occlusion of the Aorta (REBOA): The Pendulum swings (Ed. Prof. Demetrios Demetriades)

Biomarkers, confounders and new therapeutic approaches in trauma (Ed. Professor Dirk Henrich)

https://link.springer.com/journal/68/collections?filter=Open



Emergency Surgery Section Committee

Chair

Carlos Yánez Benítez

Vice Chair

Matti Tolonen

Committee members

Olga Rutka

Alan Biloslavo

Enrico Marrano

Maria Pelloni

Antonio La Greca

Krstina Doklestic

Juan Carlos Puyana

Ana González Castillo

Survey Opportunity

Dr. Eduardo Perea del Pozo, Dr. Isidro Casas Martínez and Dr. Diego Mariani are conducting a study within ESTES to explore how digestive endoscopy (upper and lower) is used, perceived, and taught in general surgery, both in daily practice and during on-call duties. We invite staff surgeons and residents working in general surgery across Europe to take part in a short, anonymous survey.



Emergency Surgery Section

Upcoming multi center study

The Snap NSTI: International Prospective Observational Cohort Study of Necrotizing Soft Tissue Infections, lead by Dr. Ana González is a non-randomized time-bound study addressing epidemiology and management of NSTI. CESOR is coordinating the snapshot and ESTES is a collaborating society along with ASGBI, SIS-E and SIS-NA. Sign up page in QR, has a link to the protocol.





MUSEC in Athens

Thanks to the enormous effort of Dr. Pantelis Vassiliu, Dr. Mauro Zago and Diego Mariani, another amazing MUSEC course was held last June in Athens. 32 trainees, 7 Greek candidate instructors & 4 International MUSEC faculty members for coaching. Toward a strong Greek MUSEC Faculty, for spreading the use of POCUS in Acute Care Surgery.



Polytrauma Section Committee

Chair

Roman Pfeifer

Vice-Chair

Klemens Horst

Active Polytrauma section members

Zsolt Balogh

Andrej Čretnik

Luca Fattori

Sascha Halvachizadeh

Falco Hietbrink

Frank Hildebrand

Diego Mariani

Ingo Marzi

Thomas Mendel,

Hans Christoph Pape

Roman Pfeifer

Inger B Schipper

Hans-Peter Simmen

Philipp Störmann

Klaus Wendt

Polytrauma Section

Patients with multiple severe injuries encounter a larger range of complications and a more complex clinical stay than those with severe isolated injuries, e.g. "polytrauma is more difficult to treat than the sum of the isolated injuries".

The treatment requires knowledge of the complex interplay between several cascade systems that are activated by the injury, the hemorrhage, the ensuing coagulopathy and the activation of inflammation (four vicious cycles). The avoidance of complications through knowledge can save lives.

Therefore, it is necessary that this important subtopic is covered within a society that focuses on the treatment of acute injuries.

The Polytrauma section aims at teaching members of ESTES, visitors of the Annual meeting and readers of scientific Journals the issues of pathophysiology, scientific findings and innovations in treatment of polytrauma patients.



Report of ECTES 2025 Congress Grant Winner Murad Alahmad

My participation in ECTES 2025, held in the historic city of Aachen, Germany, was a profound professional and personal milestone. This was my first time attending ECTES, and it far exceeded expectations in its organization, content, and global engagement. The event was seamlessly run, with a clear focus on cutting-edge trauma care, multidisciplinary cooperation, and innovation. I was proud to be part of the Qatari delegation, where we showcased over 13 scientific contributions, spanning oral presentations, posters, and case discussions. This marked a significant academic footprint and illustrated the growing prominence of trauma research in Qatar. A particular point of pride was Qatar being invited as a guest nation in one of the key symposia, an acknowledgment of our commitment to advancing trauma care on a global scale. Personally, I had the privilege of presenting a poster titled "Time to Diagnose and Time to Surgery in Patients with Necrotizing Fasciitis: A Retrospective Analysis." The feedback I received was constructive and encouraging. The conference was also an opportunity to connect with leading experts and like-minded peers from across continents. I engaged in inspiring conversations, shared ideas, and built relationships that I believe will lead to fruitful collaborations in the near future. Perhaps the most humbling moment was being awarded the ECTES 2025 Grant Prize. This recognition reaffirmed my passion for trauma surgery and underscored the importance of the work we do. It also deepened my commitment to clinical excellence and research.

D&M Section Members

Chair

Carl Montan

Vice-Chair

Gerhard Achatz

Committee members

Carlo Brugiotti

Alex Franke

Gudrun Walter

Josip Samadzic

Krstina Doklestic

Mark Bowyer

Maryam Alfa-Wali

ESTES on WhatsApp

We're excited to announce the launch of the official ESTES
Broadcast Channel on WhatsApp
Stay connected with us in real time:

- Latest updates on congresses, courses & events
- Society news & initiatives
- Opportunities to engage with the surgical community

 Join now and never miss an update!!!

NEW BROADCAST CHANNEL - JOIN US!!!



Disaster and Military Section

The Disaster and Military Surgery Section represents approximately 206 individual members from many countries. The section has the ambition to be active within the disaster and military field. Several initiatives have been made to provide disaster courses. During the ECTES congresses we strive to provide interesting topics and talks with renown speakers and experts from all over the world. Currently new initiatives are explored in expanding our knowledge and expertise.

ESTES Podcast series





Apply:



The Education & Communication Committee (EDU-Comm) has launched a podcast series based on articles published in the EJTES. This initiative aims to provide a fast, modern, and accessible format for continuous professional updates. Every Monday, a new podcast episode is released, highlighting the key messages and offering brief commentary on a selected article. For the past month, the series has also been available on a dedicated Spotify account. Podcast series on hot topics in EGS on Spotify: https://open.spotify.com/show/42YxI5nn2PnbmqzfCjwiJG?si=Qix_nbTuRCed7BVg65aoMg si=Qix_nbTuRCed7BVg65aoMg.

The ESTES Educational Committee invites authors to join our Q&A-style podcast to share the key messages of their work with a broader audience. This is your chance to:

- Give voice to your article
- Promote education across Europe (and beyond!)
- Reach fellow surgeons, residents, and students
- Make science accessible, fast, and inspiring

Recording is quick, remote, and fully supported by our team. Apply now and become part of the ESTES podcast series. We believe science only matters when it's shared. Let's spread knowledge, one episode at a time. https://forms.gle/6Zu58nGzWg6gMFyd7

Skeletal Trauma and Sport Medicine Section

The section changed its name during Aachen meeting to make the intentions clearer to

Orthopaedic Trauma Section.

Chair:

Christoph Nau

Vice-Chair:

Michel Teuben

Committee members:

Jan Verbruggen René Verboket Jan Sintenie Bore Bakota

Ongoing Activities

The orthopedic trauma section is is working actively on the

distal radius

recommendations. All authors handed in their drafts, a first zoom meeting will take place in September and the recommendations will be submitted before next ECTES.

The section is also launching the

Proximal Humeral fractures

Collection in EJTES, after publishing recommendations on this topic in 2019. Now, five articles that address key aspects of the management of proximal humerus fractures: Work-up, classifications, and fracture biomechanics. Conservative treatment. Plate osteosynthesis. Intramedullary locking nail shoulder prosthesis.

Orthopaedic Trauma Section

Proximal humeral fractures are among the most common fractures in the elderly. With the increasing life expectancy of the Western population, the incidence of these fractures is rising rapidly, with osteoporosis being a significant contributing factor. Demographic research shows that proximal humeral fractures frequently occur in active individuals aged 60 and



older. The majority of these patients live independently at home, managing their shopping and household activities. A proximal humeral fracture has the potential to compromise this independence and significantly deteriorate the quality of life in the elderly. Historically, proximal humerus fractures were primarily treated conservatively. However, the introduction of the locking plate brought significant changes in a short period. Due to its initial stability, an increasing number of elderly patients underwent surgical treatment. Following the publication of early results using locking plates, a high incidence of complications was reported. Initial prospective functional outcome studies revealed no significant advantage compared to conservative treatment. Many of these studies included a limited number of patients and were often underpowered. Additionally, intramedullary locking nails were introduced and widely utilized. Early results showed no significant difference compared to locking plates. An alternative to osteosynthesis in elderly patients is joint replacement. Shoulder hemiarthroplasty has limitations, often due to failed refixation of the tuberosities and the rotator cuff, leading to poor functional outcomes. The introduction of the reverse total shoulder prosthesis, however, resulted in significant functional improvements. Lastly, it is important to note that conservative treatment does not equate to doing nothing. Closed reduction techniques and novel physiotherapy protocols have been introduced. To summarize, many treatment options are available, but evidence-based results remain scarce. The Proximal Humeral fractures Collection articles comprehensively discuss all facets of treating proximal humerus fractures in the elderly.

Visceral Trauma Section Committee

Chair

Susan Brundage

Vice-Chair

Heura Llaquet

Committee members

Francesca Margherita Bunino Stefania Cimbanassi Shailvi Gupta Stefan Leichtle

Steran Leichtie

Patricia Marrero Marrero

Gabriel Orsi

Erlend Stronen

Mark van Baal

Jared Wohlgemu

ESTES Webinar 2025 sessions

The ESTES webinar is an engaging online session led by international experts, offering the latest evidence, case discussions, and interactive Q&A in trauma and emergency surgery. Four webinars are scheduled on a monthly basis to complete the 2025 season, for a total of 12 webinars. Next webinar will be broadcast on September 15 at 18:00 CET, covering the use of REBOA-when it is appropriate, when it is excessive or unnecessary, and when it may even be harmful. The following sessions are scheduled as follows: October 13 with moderator Marcello Ribeiro from the United States, November 17 with moderator Roman Pfeiffer from Switzerland, and December 15 with moderator Krstina Doklestić from Serbia. Further details on topics and speakers will follow.

Visceral Trauma Section

International Fellowship and Exchange Programme

Developed by the **Education & Communication Committee** and the **Visceral Trauma Section**, IFEP is coordinated by Diego Mariani and Susan Brundage. The programme promotes intercultural exchange and observership opportunities for junior professionals in trauma and emergency surgery.

A pilot exchange will launch in 2026, with one ESTES member selected to participate. Further details coming soon.



Traveling Fellowship Survey:

The Traveling Fellowship survey has now closed, and currently preparing the presentation of the results at ECTES 2026. This survey was developed under the lead of Jared Wohlgemut within the VTS and aimed at gaining a better understanding of the needs and expectations of our junior professionals regarding trauma fellowships, as well as identifying the opportunities currently available

Visceral Trauma Section Meetings:

The VTS meetings will be held online on the last Wednesday of each month. While some meetings will be reserved for committee members only, others will be open to all members of the Visceral Trauma Section. Last **VTS Open Meeting** for all section members has taken place on **3rd December at 7:00 PM**. A link to join the online meeting will be sent via email to all VTS members.



Nursing Section Committee members

Chair:

Knut Magne Kolstadbraaten

Vice-Chair:

Frédéric Lodier

Committee members:

Fabiana Cambiaghi

Rosalie Braamhaar

Kurt Andersen

Kristina Lennquist

Joana Fuentes-Warr

Liliana dos Santos Lourenco

Rebecka Schmidt

YESTES

Committee members:

Carlos Ordoñez

Raquel Gracia

Sara Lif Keller

Laura Kvaniskova

Takayuki Kurokawa

Francesca Bunino

Andrea Spota

Jan Paul Briet

Robbert Slooff Groningen

Young-ESTES Community

Gruppo WhatsApp



Nursing Section

Nursing in Emergency Surgery and Trauma Course

NEST-course is a professional development opportunity for nurses and other healthcare professionals focused on providing care for acutely injured patients. A basic 2 days course for nurses and other health care workers pilot course will be offered as a pre-conference course in Stockholm.

ESTES on the Rise: Our Social Media Community continues growing

Leading X, LinkedIn and YouTube with more than 3,000 followers, ESTES is also gaining presence in Facebook, Instagram and Telegram. Now also available in WhatsApp and Spotify.



2,042 followers



447 followers



658 followers



297 followers & 214 likes



153 followers



118 followers

FOLLOW US!!!



Upcoming Courses and Meetings















FOLLOW US!!!

















BECOME A MEMBER!





ESTES Membership INDIVIDUAL MEMBERSHIP

Who can be an individual member?

The society is open for all doctors within specialities involved in trauma and emergency surgery (all surgical fields, anaesthesiology, radiology and emergency, military and disaster medicine). Of course also doctors in training are very welcome as members. Moreover, the society is open for non-physicians such as nurses, paramedics, ambulance and pre-hospital staff.

What does it cost to be an individual member, and what do I get for it? The annual membership fee is \leq 120,- for specialists and \leq 85,- for doctors under training and for non-doctors.

Membership benefits are:

- A significantly reduced registration fee to the annual congress of the society
 Registration for endorsed courses and meetings at a reduced fee
 Free annual online subscription to the official forum of the society, the "European Journal of Trauma and Emergency surgery". The journal comprises 6 issues per year including regular information from the society. For the printed version, a special price of € 30,- per year can be offered.

 Possibility to become a member of the specialist sections of the society:
- Visceral trauma; Skeletal trauma and sports medicine; Emergency surgery; Disaster and military surgery
- · A diploma confirming your individual membership

In addition to the above mentioned benefits, you become an active supporter of the promotion and development of Trauma and Emergency surgery in Europe. Don't miss the chance to influence this development with your vote

How do I become an individual member?

Become a Members

Just fill in the membership form. Your application has then to be approved by the membership committee. Please allow a few weeks for that procedure. After approval you receive a welcome mail including payment instructions. After your payment has been received you are entitled to all the stated benefits.



INSTITUTIONAL MEMBERSHIP

National societies or entities involved in trauma and emergency surgery can apply for institutional membership.

Your annual membership fee will be $6 \in$ per member. This does not include a subscription to the journal, but negotiation with the publisher can give a significantly reduced subscription. tion fee for your members. Furthermore, representatives of institutional members also have the right to vote at the General Assembly and do receive reduced congress registration upon provision of their institution's membership certificate

Contact the ESTES Association Management (association@estesonline.org) today to receive detailed information about the application process.

We are looking forward to welcoming you as a member of ESTES!